

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Elisabeth Van der  
Heijden**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2018 #4**

held at Cowhouse Market.

**TIME 01:34:38**

**PACE 06:18/km**

**GENDER 5 of 8**

**OVERALL 13 of 20**

**OPEN 4 of 6**

15 July 2018, Sun

Date



*BoutTime*

Signature

